

NINDI



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NEWS

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Women's Health

It's been a busy second half of the year for Women's Health Program since the last newsletter. Sadly, during that time we fare-welled Erika Malo from NCHS, and would like to thank her for all her hard work, experience and knowledge of communities she brought to the program and wish her well in her future endeavors.

Since the previous newsletter we have delivered the Skuddawun Miewun Boodee program which helps young people to learn about identity, puberty, emotions, feelings, relationships, sexual health, being a parent and assisting them to identify and work towards goals and dreams, to Bayulu Remote School, Yakanarra Independent School, Kulkarriya Community School and Muludja Remote School. It has been great getting out each year to these communities, but we also love running new groups, so please contact us if your school, community or family are interested.

The Skudda Girls program is still going strong, it is on Wednesday from 2:30-4pm during the school terms, for 10 - 16 yr olds. In terms 3 and 4, we had some great activities including, slime making, river trips, learning

about gunja and ice, feelings activities, cooking and we even had some competitions where two girls won speakers! Skudda Girls is all about creating a safe space for girls to hang out, make new friends, meet Nindilingarri staff and do fun activities to improve their knowledge and skills in health and wellbeing. The girls can either make their way to Nindilingarri, be picked up from school, or give us a call if they would like a lift from community. We are also starting Skudda Girls out at Yiyilli this year, from 2:30-3:30pm every second Thursday, so watch this space!

As always, the Sexual Health team have been busy servicing the condom trees and dispensers across the Fitzroy Valley, and we had some in the bathrooms during the rodeo along with some posters, as we are sure a lot of you saw. Condom trees allow people to access condoms, shame free, to prevent the spread of STIs and to help people plan their pregnancies. Please contact us if you would like a condom tree in your community, or if you would like one relocated



As mentioned in the last newsletter we were trying to start some Women's Health Sessions out at Muludja homemakers, although we didn't get many in last year, we have started again this year, having had a great session already, where everyone was able to talk about their experiences and concerns. So every second Tuesday for term 1, we will be at the homemakers from 9 am - 10 am talking all things women's health, it would be great to see you all there! If you have a group of women or young people that you would like to learn more about women's health, contact us and we are happy to do sessions with your community.



Hasn't time gone quickly, the Breast Screening van will be back this year! You will see the big pink van out the front of the hospital between 28th of June and the 17th of July. Talk to Anne Lenard at Community Health regarding your appointment and getting into town or contact BreastScreen W.A. directly. Nindilingarri will be providing lunch and goodie bags for all those who come

along, and we will be having a raffle, everyone who gets their check - up can win! We will also have some health promotion activities happening in the function room while you are waiting for your appointment. This year Community Health will be offering Well Women Checks while the van is here, so if you haven't had one in a while, it might be worth having a full check-up while you're in town.



Bethany Martin



Nutrition



Introducing Alice Cameron our new Nutrition Programs Officer, who started with us in August 2018. Alice has taken over from Amanda Cole who finished her time with NCHS last year. We'd like to thank Amanda for all her hard work while she was here, she has done an amazing job working with communities, schools and the people of Fitzroy Valley, thank you! She has left Alice with some big shoes to fill, who has taken on the role with a spring in her step and smile on her dial. Alice has had an exciting first 6 months in her new role, she has been working with various groups in the Valley which has been a great opportunity to meet community members and share knowledge of food and nutrition.

In term 4 last year, Alice worked with Garnduwa, Yirramalay Studio School, Skudda Girls and Wangkatjunga 0-3 Group to run nutrition education and cooking workshops. In these sessions the groups learnt about healthy eating, different vegetables, sugar and the benefits of getting little kids involved in cooking. We cooked a variety of different foods and always found a way to add more fruit and veggies to meals. At Yirramalay Studio School the group used tinned cannelloni beans in their brownie to add more fibre, protein and of course veggies. It shows that you can add vegetables to just about any recipe all without compromising on taste!

The Heath Promotion team took part in Noonkanbah's Clinic open day where we showcased the different work the team does. Over lunch we all shared a healthier spin on a BBQ serving up pulled chicken and coleslaw wraps which were very welcomed on such a hot day.

At the end of last year Alice and Trinda (Boab Dietitian) visited Wangkatjunga to show community members how to add more beans and legumes to their meals. Along with being a good source of protein and fibre, beans and legumes are cheap, last a long time in the pantry and don't require much preparation. You can find them in most community stores in the canned food section. We had some eager kids help prepare a delicious Crunchy Bean Salad which had all the colours of Christmas. There were also some cool Watermelon Christmas Trees which were a big hit with the kids.



In the last couple of weeks Alice, Jess (Child Health Promotion) and Adele (Spiritual Health Promotion) have started running nutrition education and cooking workshops at the Muludja homemaker, Yakanarra after school drop in and Yiyili Aboriginal Community School. These workshops can be run in your community too, just contact Alice.

Alice is looking forward to the year ahead and is excited to be helping to improve the health of those living in the Fitzroy Valley.



Alice Cameron



First Aid

Since the last Nindilingarri newsletter, the First Aid program has kept momentum going for all aspects of its program areas. I have seen over the past few years the uptake of dressing packs has been impressive. Alongside the dressing packs Nindilingarri's bush medicine pots have also proven to be very popular, and at times it can be hard to keep up with demand.

As always the program has been active within the community and around the Fitzroy Valley and also in

in schools throughout the area. I have held sessions based around wound care including management of infection and injury, bush medicine, first aid skills and the correct use of supplies found in our "Dressing Packs". With these areas we are seeing an increase not only in knowledge but, an improvement in the implementation of basic skills around skin health and the link this has to an improved lifestyle.

One area the First Aid program has seen some issues with has been the "Head Lice Program" in schools. In the past this has

been a successful and well received program, helping to educate and also treat head lice in our school children. But recently Nindilingarri has had trouble sourcing a product that fits in to the model used in schools.

The reason for this is the producer of the product used has moved to a different formula, and because of this it would mean that each session would be too long to fit in with already tight schedules at school.

What will this mean going forward?

While Nindilingarri is still actively searching for a product that can achieve the same results, we have to keep in mind budgetary requirements and availability of product.

As a result of this Nindilingarri does still have a product and combs available from reception at Nindilingarri and will do for the foreseeable future. But until we can source an affordable product that will work in the school environment we will not be able to provide the head lice sessions to schools across the Fitzroy Valley.



Ben Storer



Healthy Lifestyles

Over the last six months thirty clients were referred to the NCHS quit smoking program. Out of these thirty clients, twenty four clients made a supported quit attempt.

The HLHPO had six clients who did not wish to quit at this stage. Each of those six clients were handed his business card so as to call whenever they are ready to quit.

Smoking cessation support was provided to all clients who were referred, through internal and external referral pathways, to make evidence based attempts to quit smoking through the use of pharmacotherapy therapies.

Twenty clients used Nicotine Replacement Therapy such as sprays, patches and gum. This process helped the twenty clients make a successful attempt, while four clients went cold turkey.

During the reporting period 1st July to 30th December 2018 the HLHPO has conducted health education across the following Fitzroy Valley schools, Bayulu, Djugerari, Muludja, Ngalapita, Noonkanbah, Wangkatjunga, Yiyili, Yakanarra, Yirrimalay as well as the Fitzroy Valley District High. Lessons held were on such topics as Sugar in Cigarettes, Smoke Free Homes, Nicotine Replacement Therapy (what is it), Smoking in the car rules and fines, Household items found in cigarettes and the effects of smoking to your whole body.

Mick, Ben (First Aid) and Ross (Physical Activity) were also involved in last year's Naidoc celebrations at Fitzroy Valley District High School. The students from year's 1 – 12 enjoyed the Healthy Lifestyle Obstacle Course, they also said the activities were fun, challenging and a great success, they also thought the Nindilingarri staff were funny and engaging!

This is Nindilingarri Cultural Health Services new positive "No Smoking in my car" sticker designed by our First Aid Skin Health Promotions Officer Ben Storer. These stickers are given out to community members who don't smoke in the house or car.



Mick Mancell



Alcohol & Drug



The second half of last year was a busy period for the Alcohol and Drug program. One of the highlights was the Fetal Alcohol Spectrum Disorder Awareness Day in September. The team coordinated the event along with the much-appreciated support from other staff at Nindilingarri. Many other organisations/services in the Fitzroy Valley also played a major part in the event which included Marninwarntikura Fitzroy Women's Resource Centre, Kimberley Mental Health and Drug Service, Marra Worra Worra, Leedal, Garnduwa, The Shire of Derby/West Kimberley, Wangki Yupurnanupurru Radio, Department of Communities – Child Protection and Family Support, Mangkaja Arts, FX COMMS, Fitzroy Valley Schools, Deadly Kids Enterprise, Bunuba Rangers and Emergency Services – Police, Fire and Ambulance.

The event this year was combined with the Standing Strong Against Suicide, Alcohol and other Drugs poster launch event which was led by Kimberley Mental Health and Drug Service with support from the AOD team.

This campaign was a follow on from the Indigenous Hip Hop Projects week that took place in Fitzroy Crossing in July 2017. The posters are currently displayed around town. The morning "Walk with Me to Make FASD History" march was attended by 300 plus people wearing specially designed T-shirts for the event. It was great to see five schools from the Valley attend the march along with their banners which they made for the event.

The day continued on with speeches, activities for the students including a giant blow up dragon obstacle course, a



Hip-Hop workshop as a part of the Standing Strong event and a family alcohol and drug free concert featuring local bands. Market stalls and the Deadly Kids Enterprise from Fitzroy Valley District High School sold their meals on the night. It was tremendous to see so many families attend with their children.



The team has continued to provide three-monthly support home visits to all of the properties with a Section 152 liquor restricted premises in place, offering support, education and links to appropriate services where required. The team assisted six houses with their applications since the last newsletter. The team has also installed the 152 signs on approved applicant's doors and fences and replaced missing signs.

School AOD education sessions have been delivered around the Valley. The team has delivered two lessons at Yiyili, two lessons at Ngalapita, one lesson at Kadjina and one lesson at Yirramalay. The team has also delivered school FASD education sessions as part of the FASD Awareness Day event. One lesson was delivered at Bayulu, Muludja and Yirramalay. The team collaborated with KMHDS and visited Yirramalay and Muludja schools as a part of a roadshow for the Standing Strong Against Suicide, Alcohol and other Drugs poster launch event. Two sessions were also delivered with the after school 'Skudda Girls' program with girls ageing from 10-16 which is run by the Women's Sexual Health Promotion program at NCHS. The team also ran an AOD session with KMHDS for the school holiday program organised by Garnduwa Sport and Recreation Community at Djugerari, Muludja and Kurnangki. Topics have included alcohol, marijuana and FASD. Benita was involved in delivering



an AOD session at the Deadly Diva Day in Bayulu and she was involved in the Beautiful Bumps event which promoted healthy pregnancies. The team was also involved in helping organise a slippery slide for the kids at the Christmas Carols event.

The team has collaborated with KMHDS to start an AOD working group in the 175 liquor restricted communities. The group is a space to discuss the liquor restrictions and any issues. The group can also address any other AOD issues. The aim is for the group to be run by community members with support from the team and also KMHDS. One meeting was held at Bungardi at the end of the year. The team has also spoken about the working group at community meetings in Wangkatjungka and Bayulu with both communities keen to get the working group established. The Mental Health Commission was also in regular contact with the team to gather information in relation to Ngalingkadji, Wangkatjungka and Bayulu's 175 Liquor Restriction renewals.

The team has continued to hold meetings with the Fitzroy Valley Alcohol and Other Drug Prevention Group. The group provides an important platform for the team to consult with other key service providers and community groups and people that are involved in work related to, or being impacted by alcohol and drugs. The group is currently working on developing an Alcohol and Drug Management Plan with the aim of developing strategies to reduce AOD related harms.



The team is looking forward to 2019 and working with community members and relevant stakeholders in the Valley to reduce harms related to alcohol and other drugs.

Aiden McDowell & Benita McGinty



Spiritual Health

Over the past six months, the Spiritual Health program has continued with a number of regular weekly sessions, as well as some exciting new projects and events. The regular sessions include a weekly band practice held at the studio with Far North Disability Service clients, a weekly singing group at Nindilingarri's CHSP and Guwardi and a weekly one hour radio show on Wangki Yupurnanupurru radio 936AM.

From the beginning of this year, the Spiritual Health program has started working with Garnduwa to provide a weekly jam session at the drop-in one day per week. This has been a great addition to the program as it allows for kids of all ages and musical abilities the chance to have a go at some of the instruments. The most popular activity by far is the electric drum kit in which kids take turns in playing along to local songs on the drums. From the start of this year the Spiritual Health Program has also started traveling to Yakanarra to do a drop-in jam session fortnightly. The drop-in at Yakanarra is a great space and the kids have shown some awesome music skills so far.

In the last six months of 2018, the Spiritual Health Program was very busy with different projects.

Working with the Maternal and Child Health Programs, Adele was fortunate enough to get to help in creating a video about the Wangkatjunga 0-3 program and the kinds of activities the mums and their bubs get to do. The video was displayed on the Nindilingarri Facebook page and is an excellent insight into the program.

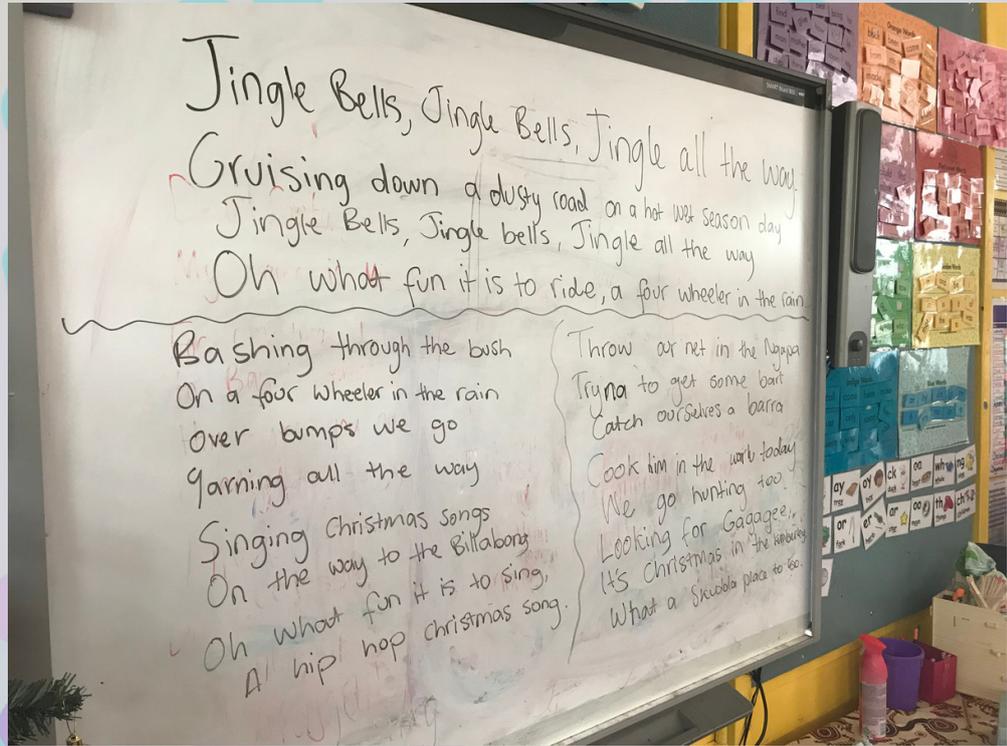


The Spiritual Health program had a very successful year in working with the Fitzroy Valley District High school (FVDHS) students and the senior band. The highlight was certainly getting to support the upper school students in the band and seeing them perform at the end of the year at the school ball. The band



also played a number of times last year at the Men's shed family nights with special guest appearances from some young up and coming singers. This was a great opportunity for the students to practice the daunting task of performing before some of the bigger events in 2018.

September and October were big months for events for the program with the annual 'walk with me to make FASD history' day and evening concert. This year I had performances from the FVDHS band and were lucky to also have the Hillside Boys from Bayulu perform with Fitzroy Express closing the night. It was a really great day and evening centred around bringing the community together to increase awareness of FASD. In October, Garnduwa festival returned with a bang. This year, when Garnduwa put out their EOI for someone to organise the two-night concert and two weeks of workshops, three organisations came together in collaboration to make it happen. The Spiritual Health Program, FX Comms and Desert Feet (Perth) all pooled their resources to make the event happen, it was a great success. The concert was incredible and from the workshops leading up to the concert, we were able to produce some top-quality recordings. It was a really great example of interagency collaboration.



Towards the end of last year, Adele was invited to help Miss Katie's class at Bayulu school in bringing together their end of year performance. The class wrote a hip hop Bayulu version of Jingle Bells which turned out a hit. Adele really enjoyed this little project and getting to see the kids perform their song with pride at their end of year concert.

The past six months have been very fulfilling for the Spiritual Health program and Adele looks forward to what the year will bring. If you would like to be involved in the program or would like to see something else from it, please don't hesitate to contact the Spiritual Health officer Adele.



Adele

Oliver



Child Health

The last six months have been busy for the Jess, Child Health Promotion Officer with plenty of groups happening across the Fitzroy Valley. At the moment Jess's fortnightly schedule sees her going to Noonkanbah, Djugerari, Wangkatjunga and Muludja as well as maintaining groups in Fitzroy Crossing.

The Baby Bundle program is still underway and with the assistance of the Child Health Nurse, Jess has been able to connect with more families across the Fitzroy Valley. Jess continues to work with the Child Health Nurse to promote the importance of keeping children up to date with their child health check-ups and immunisation. After a scheduled child health check-up is completed Jess will follow up with the family to provide a Baby Bundle that contains age appropriate items and health resources.

Jess and Laima, the Maternal Health Promotion Officer, have continued to support the 0-3 groups at Wangkatjunga and Djugerari regularly. At the 0-3 groups Jess and Laima deliver a health topic to the group and run a fun activity for parents and children to do together.

The fortnightly Noonkanbah women's river picnic held at the river in Noonkanbah have commenced again this year with Jess and Laima travelling to Noonkanbah every second Monday. The groups create a space for women and children to come and relax, have some lunch, participate in a range of art and craft activities and have a chat about any health topics of interest. All women and children are very welcome to come along to the groups. If you see Jess or Laima driving around Noonkanbah be sure to wave them down for a lift to the group.

Splash Time continued this term after a break over the school holidays. It's been great seeing so many families coming along to cool off in the pool and participate in some fun activities. Splash Time is for any kids aged 0-4 and their parents or carers. It's a great opportunity to cool off, help your little ones learn about pool safety and familiarise themselves with the pool. It will be on for the remainder of this school term, every Thursday at 10.00am. Contact Jess for more information on transport to and from the sessions.

The Baby Group is still happening on Wednesday afternoons from 2pm – 4pm at Baya Gawi. This group is for parents and carers with babies aged 0 - 12 months. At the group we have afternoon tea, discuss any health topics parents want to know more about and do fun activities for parents and babies to complete together. I love having new parents and babies come along so get in touch with us if you would like more information or transport to and from the group.





Jess has also been working with Alice, Nindilingarri's Nutritionist, to run the Food Sensations program out in Muludja community every second Tuesday at the Homemaker. The Food Sensations program is a nutrition and cooking program which gives the participants further understanding of healthy eating and practical skills for helping to prepare and purchase nutritious food. During the sessions they cook a range of different recipes and do several interactive activities focusing on nutrition, food preparation and cooking. Jess and Alice look forward to continuing the sessions out at Muludja.

If you think Jess could assist your family or community in any way, please don't hesitate to contact her at Nindilingarri on (08) 9193 0093.



Jess Csillag



COMMONWEALTH HOME SUPPORT

It has been a busy last six months of the year at CHSP, with the completed change over from HACC.

We'd also like to introduce Chloe Aksenov the new CHSP Coordinator, who has hit the ground running on her new role. We'd like to thank Dawn Carter and Donna Carter for all their hard work while they were with us, their experience and knowledge was fantastic, they will be missed, good luck in your new role's ladies.

Client numbers have risen over the past six months, with a new service of Meals on Wheels out to Muludja on the lunch run. CHSP also has had a bit of a facelift with new reclining chairs and tables to make the clients feel more comfortable.

Chloe has a number of activities running during the week, with Wednesdays the most

popular with morning exercise and nutrition advice with Ross Cameron (Physical Activities) and Alice Cameron (Nutrition) and no they aren't married! The clients are also enjoying the new cake making skills activity which is increases our numbers over this period.



Friday sing-a-longs have always been very popular with Adele Oliver (Spiritual Health), amazing musical skills. I have now made it a regular weekly session over at Guwardi where everyone thoroughly enjoys themselves.

Chloe would also like everyone to keep an eye out for our Pamper Days, where our clients have massages, foot spa's, and their nails and hair done. Also, in the beginning of 2019, Chloe will be making up Care Packages for all the clients at CHSP, so watch this space.

Lastly, Chloe would like anyone who has concerns about your elders, family or friends needing help please come into to CHSP and talk to our friendly staff who may be able to help you with your concerns.



Chloe Aksenov



Physical Health

In the past 6 months the Physical Activity Program has been involved in a number of different programs and events and worked with great service providers.

The elderly exercise sessions continue to run every week on a Wednesday morning for the CHSP clients. These sessions consist of strength and flexibility exercises to improve their overall health, strength, flexibility and mobility for daily tasks. The sessions last about 30 minutes each and use light hand weights to add extra resistance. As the clients gain more strength the weights are increased. Working with this group is great fun, full of laughs and a highlight of my week.

The program continues to work closely with the CLONTARF Academy to deliver before school fitness sessions to any school age kids who would like to exercise and feel healthier. These are delivered twice a week and are either in the pool or at the oval. The sessions work on all aspects of fitness including muscular endurance, flexibility, strength and cardiovascular endurance while having fun and working hard. The attendance and work from the youth has been exceptional.



The program also worked at the many sporting carnivals and school events to deliver relevant exercise-based sessions to the participants between fixtures. These targeted warming up, mobility and the effects of smoking on the heart during exercise. The sessions were fun and informative with a very strong health message.

The weekly radio show on Thursday afternoons is still running where we discuss exercise alongside Mick and Ben who also talk about topics relevant to their programs.



The Men's Health program continues to run the Mooditj program with the young boys in the Fitzroy Valley. In the past 6 months it has worked with classes at Fitzroy, Bayulu, Noonkanbah, Muludja and Yakanarra. The young boys involved worked hard and learned a lot of valuable information at these sessions.



ROSS
CAMERON



Maternal Health

In November the Maternal, Child and Alcohol and Drug Health Promotion teams organised a 'Beautiful Bumps' afternoon for pregnant women. Women took part in belly painting, a meditation session, hand and foot pampering and decorated onesies for their new babies. The afternoon aimed to promote healthy pregnancies through strengthening the bond between mum and the baby. Here are some quotes from women who attended: "It was so relaxing and it took my mind off things. It made me feel real good." "It was so lovely. I feel so relaxed. We should do it more often." Look out for more Beautiful Bumps sessions happening in 2019.

During the second half of 2018 Laima implemented the redeveloped pregnancy baby bundles program. This has meant that any women that self-refer or get referred to Laima by the Community Health midwife now received 3 scheduled home visits in their pregnancies. Laima brings a bag of goodies at each of these 3 visits and discusses healthy pregnancies with the women and any interested family members.



Splash Time continued in term 4 of 2018. Splash Time was extremely well attended, with an average of 10 adults and 11 children at each session. Thank you to Adele at the Fitzroy Crossing pool for facilitating the weekly sessions. They will continue in Term 1 and 4 in 2019.

Laima and Jess also continued to run the fortnightly women's group in Yungngora/ Noonkanbah. A short survey of the group showed that the women attending the group report feeling more connected to other women. On the other side of the Fitzroy River fortnightly health workshops and activities were also delivered to the parents and children attending the Djugerari 0-3 group.

Laima and Jess have continued to support the Wangkatjunga 0-3 program with weekly health workshops and activities. In term 4 of 2018 Adele (NCHS' Spiritual Health Promotion Officer) helped the group create a video about the



0-3 program, to encourage more parents to bring their children along. Have a look at the video using this link: <https://www.facebook.com/205770483238763/videos/370364670202098/>.

The weekly baby group at Baya Gawiya Child and Parent Centre has continued to be run by Laima and Jess. The group is a more intimate parent group that focuses on supporting parents of babies aged 0-12 months. In the second half of 2018 parents and carers focused on making baby scrapbooks to

document the growth of their babies. The Community Health midwife and child health nurse visit the group to build strong relationships with the women of the Fitzroy Valley.

The maternal health program also supported the annual FASD awareness day event that NCHS coordinates. It was great to see so many schools, organisations and community members involved in promotion the importance of alcohol-free pregnancies, as well as celebrating the work that the Fitzroy Valley has done in the space.



LAIMA

ZIEDARS

Environmental Health



The second and final Desexing program for 2018 was delivered in July working over four days targeting Wangkatjungka Ngalingkadji Ngumpun Djugerari and Yakanarra communities. There has been a positive impact on our animal populations since the first joint animal desexing program in 2014. Based on stat's in Bayulu Community the numbers are reduced and or stabilised to date.

The EH Team have also commenced providing the CDHP Cydectin treatment to nine communities in the Fitzroy Valley, after discussions with the Shire of Halls Creek EH Team, arrangements have been made with the Halls Creek Shire for us to proceed with the delivery of the CDHP Cydectin there also.

The NCHS HBCs (Healthy Bathroom Checks) and KPHU SCKs (Squeaky Clean Kids) programs are complimentary programs to each other and how the healthy bathroom checks / remote emergency plumbing maintenance and repairs, squeaky clean kids, entails the overall combined effort.

The Nindilingarri EH team has started distributing the hard soap to the ten communities (44 households) in which we completed the Healthy Bathroom Checks. We have also completed the distribution of liquid soap and install the liquid soap dispensers to all the 10 Schools in the Fitzroy

Valley. Yiyili, Wangkatjungka, Djugerari, Yakanarra, Kadjina, Ngalapita, Kulkarriya, Fitzroy Valley District High School, Bayulu and Muludja Schools. All schools have been left with enough surplus supplies to last them a year.

Equipped with the recent purchase of all tools and plumbing supplies required, the Environmental Health team have continued to carry out emergency maintenance and repairs, whenever possible, the team have carried out maintenance and repairs, to houses, in Wangkatjungka, Djugerari, Bayulu, Mingingkala Community.



Trichiasis screening for adults has been scheduled for September 2019, for Bayulu, Muludja, Djugerari, Yakanarra, Kadjina, Koorabye, Ngumpun, Wangkatjungka, and Yungngora communities, these are the high-risk communities identified by KPHU Disease control unit based on our joint Trachoma screening and Trichiasis screening outcomes in the Fitzroy Valley.

Nindilingarri Cultural Health Services will carry out all prior engagements and consultations with the targeted communities, and create the flyers regarding the visit by our EH Team and the KPHU Disease control Unit and medical student\ doctors that will accompany the Trichiasis screening program. This historically is the second time that such a program has been carried out in the Fitzroy valley to gauge the adult rates of Trichiasis in our communities.

The Nindilingarri Environmental Health Team is made up entirely of local Aboriginal staff with a longstanding working relationship with all communities in the service area. This is greatly important in the delivery of services that are locally responsive, culturally appropriate, connected and safe. The sensitive nature of some environmental health issues and other health related services are handled by the EH team to ensure respect and protocols are observed, and community members feel comfortable accessing the services. Resources that are utilised

or distributed by the team are locally designed and appropriate for the 5 individual language groups and language and literacy levels.

As well as providing services, the NCHS EH team also provide education to school children and adults about EH related health issues, including trachoma, the importance of hand hygiene, educating the children and adults of the Fitzroy Valley about these health issues is a strategy designed to have long-term impacts on the health of the Fitzroy Valley communities.



Patrick Davies
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